## SYNBIOTICS More than just probiotics + prebiotics



Synbiotics are "a mixture comprising live microorganisms and substrate(s) selectively utilized by host microorganisms that confers a health benefit on the host". 1

## COMPLEMENTARY



One or more of the probiotics and prebiotics working independently in a formulation to generate a health benefit.<sup>2</sup>

2 TYPES
OF
SYNBIOTICS

## SYNERGISTIC (((-\(\lambda \)))

The prebiotics are selected specifically to amplify the benefits of the chosen probiotic, yielding a more significant combined benefit.<sup>2</sup>



The global synbiotic product market size is anticipated to reach \$1.3B by 2027, expanding at a CAGR of 8.3% from 2021-2027 3



New synbiotic launches grew an average of 41% annually globally between 2016 and 2020 4



38% of prebiotic users look for a probiotic/ synbiotic combination or synbiotics when choosing which prebiotic to purchase

## BENEFITS OF SYNBIOTICS 6,7,8

Synbiotics have been linked to a number of health benefits, including:



Managing inflammation



Controlling lipid profile



Managing overweight or obesity and metabolic syndrome



Exerting antineoplastic effects (fighting cancerous cells)



Preventing and treating atopic dermatitis



Managingnon-alcoholic fatty liver disease



Enhancing immune function



Managing surgical infections and complications

Scan the QR code to access the references PrebioticAssociation.org



